



Lunchtime Lecture Series

Bereavement & Young People

About the lecture:

Death is an inevitable part of life and grief is a universal human process. We cannot shield young people from the reality of death or the pain of loss. What we can do is accompany them on their journey through grief with informed support, information and encouragement.

This lecture is an introduction to bereavement and will cover the key aspects of adolescent grief. Information will also be given on the Barnardos Bereavement Counselling Service, outlining the resources and services it provides and how families and professionals can access the service.

About the speaker:

The lecture will be given by **Helen Fagan**, BA Psychology, Dip Counselling & Psychotherapy, MIAHIP, MIACP. Helen is a bereavement counsellor working in Barnardos Bereavement Counselling for Children. She works directly with bereaved children and their families providing information, advice, counselling and therapy. In addition she provides information, advice and training to parents, carers, volunteers and professionals who are in direct contact with children who experience childhood bereavement. She is also in private practice, working with adults and adolescents.

WEDNESDAY 3rd March 2010. 12.30 – 1.30pm
Axis Centre, Ballymun
Tea, coffee and sandwiches will be provided

This free lecture is open to practitioners in the Ballymun area.
Places must be booked. Contact Catherine McGowan WAF Coordinator (01)8832172
or catherine@youngballymun.org